

SEPTEMBER SALE SPECIALS

GROCERY

			SALE	REG.
BIBLE BREAD	FIVE WHOLE GRAIN FLATBREAD	8.5 OZ.	\$2.29	(3.19)
FAGE	PLAIN and 2 % GREEK YOGURT	7 OZ.	\$1.59	(2.29)
FOOD FOR LIFE	EZEKIEL 8" SPROUTED GRAIN TORTILLAS	12 OZ.	\$2.59	(3.69)
	SPROUTED CORN TORTILLAS 6"	12 OZ.	\$2.59	(3.69)
FRENCH MEADOW	SPROUTED 16 GRAIN&SEED BREAD	24 OZ.	\$3.99	(5.49)
FOLLOW UR HEART	VEGENAISSE ORIGINAL	16 OZ.	\$3.59	(4.79)
	VEGENAISSE GRAPSEED	16 OZ.	\$4.69	(6.29)
	VEGENAISSE ORGANIC	16 OZ.	\$4.49	(5.79)
GUUAUAKI	LOOSE TRADITIONAL MATE TEA	16 OZ.	\$9.99	(14.95)
	GREENER GREEN, CHOC. MATE, TEA ORG.	BX-BAGS	\$5.59	(7.99)
GUILTLISS GOURM.	ASST. FAT-FREE TORTILLA CHIPS	7 OZ.	\$2.29	(3.49)
HEMP BLISS	ORG. ORIGINAL G.F. HEMPMILK	QT.	\$3.59	(4.99)
JENNIE'S	COCONUT MACAROON G.F.	2 OZ.	\$.79	(1.19)
	COCONUT MACAROON G.F. CANS	10 OZ.	\$3.99	(5.49)
KETTLE CHIPS	ALL ASST. POTATO CHIPS	5 OZ.	\$1.89	(2.99)
KNUDSEN	JUST BLACK CHERRY JUICE	QTS.	\$3.59	(4.99)
	JUST CRANBERRY JUICE	QTS.	\$6.79	(9.79)
	JUST POMEGRANATE JUICE	QTS.	\$6.49	(8.99)
	JUST TART CHERRY – ORGANIC	QTS.	\$4.99	(6.99)
	JUST CONCORD GRAPE – ORGANIC	QTS.	\$4.99	(6.99)
	ORGANIC APPLE JUICE	QTS.	\$2.39	(3.49)
LARA BARS	CHOC. CHIP BROWNIE, PEANT BTR CHOC CHIP		\$1.59	(2.19)
LUNDBERG	ALL ASST. RICE CHIPS	6 OZ.	\$1.99	(2.99)
MARANATHA	CREAMY or CRUNCHY ALMOND BUTTER	16 OZ.	\$8.49	(10.99)
NATURE'S PATH	FROZ. WAFFLES – FLAX +, HEMP +, BUCKWHT.		\$2.49	(3.59)
	GRANOLAS- HEMPLUS, FLAXPLUS, PEANUT BUTTER			
	And AGAVEPLUS W/ SUNSEED	11.5 OZ.	\$3.49	(4.99)
	OPTIMUM CEREAL CRANBERRY GINGER	12.5 OZ.	\$3.59	(4.99)
ORGANIC INDIA	TULSI TEA – ORIGINAL, SWEET ROSE	18 BG.	\$3.59	(4.99)
ORGANIC PRARIE	ORG. ROAST BEEF SLICES	6 OZ.	\$5.99	(7.99)
	ORG. SMOKED TURKEY BRST. SLICES	6 OZ.	\$5.79	(7.49)
ORGANIC VALLEY	ORG. BUTTER NO SALT	16 OZ.	\$5.59	(6.99)
	ULTRA PAST. WHOLE MILK – ORGANIC	64 OZ.	\$3.99	(4.95)
QUORN	ASST. CHICKEN-STYLE PRODUCTS	BX.	\$4.49	(5.95)
	GRN'S BEEF STYLE, MEAT-FREE MEATBALLS	PKG.	\$4.49	(5.95)
	TURKEY STYLE ROAST MEAT-FREE	16 OZ.	\$6.59	(8.95)
RUDI'S	SPELT ENGLISH MUFFINS ORG.	12 OZ.	\$2.99	(4.49)
SAN-J's	WF GF SOY TAMARI – GOLD, PLAT. LS	10 OZ.	\$3.89	(5.99)
	SAUCES- TERIYAKI, SZCHUAN, THAI P'NUT	10 OZ.	\$2.99	(4.99)
	DRESSINGS- TAMARI GINGER,P'NUT, SESAME	10 OZ.	\$2.59	(3.99)
SPECTRUM	SOY MAYONNAISSE – ORGANIC	QTS.	\$8.79	(11.95)
TREE OF LIFE	EXTRA VIRGIN OLIVE OIL ORGANIC	16OZ.	\$9.59	(11.99)

TREE OF LIFE	TONGOL TUNA – REG. and NS	6 OZ.	\$1.89 (2.39)
	SMOKED TOFU – ORIG. and HOT ‘N SPICY	6 OZ.	\$3.29 (3.95)
	ALMOND BUTTER- CRMY, CRNCHY, RAW	16 OZ.	\$8.95 (10.95)
	ASST. ORGANIC CRACKERS	5 OZ.	\$2.99 (3.69)
	ORGANIC RAISINS – CANNISTER	15 OZ.	\$3.29 (3.99)
	ASST. ORGANIC BROTHS	QTS.	\$2.59 (3.49)
	ORGANIC APPLE CIDER VINEGAR	QT.	\$4.29 (5.39)
	G.F. COCONUT MACAROON COOKIES	7.25 OZ.	\$3.29 (4.29)
XOCHITL	SALSA ASADA VERDE –MEDIUM	15 OZ.	\$3.99 (5.89)
YUMMIEARTH ASST.	LOLLIPOPS ORGANIC –LRG. POUCH	12.3 OZ.	\$6.79 (7.99)

BODY CARE & COSMETICS

SALE REG.

AVALON	LAV. CLEANSING GEL, MILK CLEANSER	7 OZ.	\$8.99 (11.99)
	CO-Q 10 BALC. TONER, and CLEANSING GEL	8.5 OZ.	\$7.99 (10.99)
	VIT. C FACIAL CLEANSER	8.5 OZ.	\$7.99 (10.99)
	CO Q 10 WRINKLE DEFENSE SERUM	0.55 OZ.	\$18.59 (24.95)
	CO Q 10 WRINKLE DEF. CREAM – NIGHT, REG.	1.75 OZ.	\$18.95 (24.95)
DR. BRONNERS	ASST. LIQUID CASTILE SOAPS	16 OZ.	\$5.99 (8.99)
DERMA - E	CREMES – T.T. & E, VIT. A WRNKL, VIT. E	4 OZ.	\$10.59 (12.49)
	HYALURONIC ACID NIGHT CRÈME	2 OZ.	\$24.95 (29.95)
DESERT ESSENCE	ASST. LIP RESCUE BALMS –TUBES	0.15 OZ.	\$1.69 (2.49)
	FACE WASH THOROUGHLY CLEAN W/ T.T.	8 OZ.	\$5.99 (8.95)
	GENTLY STIMULATING FACE SCRUB	4 OZ.	\$4.49 (6.99)
NATRACARE	PADS REG. ULTRA W/ WINGS	14 PCS.	\$3.99 (5.49)
	REGULAR MAXI PADS	14 PCS.	\$2.95 (4.29)
	SLENDER MAXI PADS	20 PCS.	\$3.49 (4.99)
	SUPER MAXI PADS	12 PCS.	\$2.99 (4.39)
THAYERS	ASST. WITCH HAZEL ASTRINGENTS	12 OZ.	\$8.99 (10.79)

VITAMINS & SUPPLEMENTS

AMERICAN HEALTH	ESTER C 1000 MG. BIOFLAV.	90 CP	\$15.99 (24.79)
	ESTER C 1000 MG. BIOFLAV.	120'S	\$16.99 (26.39)
	ESTER C 500 MG. BIOFLAV.	120 CP	\$10.99 (16.49)
	ESTER C 500 MG. BIOFLAV.	60 VC	\$6.99 (10.49)
FUTUREBIOTICS	COLLOIDAL SILVER	2 OZ.	\$11.95 (16.95)
	COLLOIDAL SILVER	4 OZ.	\$17.95 (25.95)
	WOMEN'S HAIR, SKIN, NAILS	75'S	\$8.95 (11.95)
	WOMEN'S HAIR, SKIN, NAILS	135'S	\$13.95 (17.95)
LILY OF DESERT	DETOXIFYING ALOE VERA FORMULA	32 OZ.	\$14.95 (17.95)
	STOMACH ALOE VERA FORMULA	32 OZ.	\$14.95 (17.95)
NORDIC NATURALS	ULTIMATE OMEGA	60 GEL	\$23.79 (27.95)
	ULTIMATE OMEGA	120 GEL	\$42.49 (49.95)
	COMPLETE OMEGA	60 GEL	\$16.15 (18.95)
	COMPLETE OMEGA	120 GEL	\$28.89 (3.950)
	COD LIVER OIL	90 GEL	\$18.69 (21.95)
	NORDIC BERRIES	90 GEL	\$18.69 (21.95)